



ASIAN YOGA FEDERATION

Affiliated Member

INTERNATIONAL YOGA SPORTS FEDERATION

&

INTERNATIONAL YOGA FEDERATION

REGD. OFFICE : FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116, INDIA

e-mail:- yfiashok2000@yahoo.co.in, Website:- www.asianyogafederation.com

Asian Yoga Sports Championship

From Date _____ **to** _____ , **at** _____

Age Group Junior / Senior _____ **Male/ Female**

Event: Artistic Yogasana Competition / Artistic Pair Yogasana Competition / Rhythmic Yogasana Competition

SCORE SHEET

Sr. No	Name of Competitor	Country	Time	8-10	Choice of	Synchroni-	Perfor-	Total
			Duration	Asanas	Asanas	zation	mance	Marks
			5 Marks	5 Marks	5 Marks	5 Marks	10 Marks	30 Marks

Name of Referee _____

Country _____

Signature _____