



ASIAN YOGA FEDERATION

Affiliated Member

INTERNATIONAL YOGA SPORTS FEDERATION

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INTERNATIONAL YOGA FEDERATION

REGD. OFFICE : FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA), INDIA

e-mail:- yfiashok2000@yahoo.co.in, Website:- www.asianyogafederation.com

6th Asian Yoga Sports Championship 2016

3RD-5th September, 2016 at Vietnam

ENTRY PROFORMA

**Yogasana Competition/ Artistic Yoga Competition/ Artistic Pair Yoga Competition /
Rhythmic Yoga Competition / Free Flow Yoga Dance Competition/
Professional Yogasana Competition**

Name of the Federation _____

Yogasana Sports Competition Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Sub Junior Group-A (Boys 8-11 Years) Age As on or in between 1.1.2006 to 31.12.2008	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Sub Junior Group -A (Girls 8-11 Years) Age As on or in between 1.1.2006 to 31.12.2008	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Sub Junior Group-B (Boys 11-14 Years) Age As on or in between 1.1.2003 to 31.12.2005	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Sub Junior Group -B (Girls 11-14 Years) Age As on or in between 1.1.2003 to 31.12.2005	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Junior Group (Boys 14-17 Years) Age As on or in between 1.1.2000 to 31.12.2002	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Junior Group (Girls 14-17 Years) Age As on or in between 1.1.2000 to 31.12.2002	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -A (Men 17-21 Years) Age As on or in between 1.1.1996 to 31.12.1999	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Senior Group - A (Women 17-21 Years) Age As on or in between 1.1.1996 to 31.12.1999	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group - B (Men 21-25 Years) Age As on or in between 1.1.1992 to 31.12.1995	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group – B (Women 21-25 Years) Age As on or in between 1.1.1992 to 31.12.1995	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group – C (Men 25-35 Years) Age As on or in between 1.1.1982 to 31.12.1991	1.			
	2.			
	3.			
	4.			
	5.			
	6.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Senior Group - C (Women 25-35 Years) Age As on or in between 1.1.1982 to 31.12.1991	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -D (Men above 35 Years) Age As on or before 31.12.1981	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Senior Group -D (Women above 35 Yrs.) Age As on or before 31.12.1981	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
Artistic Yoga Competition 8 to 17 years (Junior Boys) Age As on or in between 1.1.2000 to 31.12.2008	1.			
	2.			
	3.			
	4.			
Artistic Yoga Competition 8 to 17 years (Junior Girls) Age As on or in between 1.1.2000 to 31.12.2008	1.			
	2.			
	3.			
	4.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Artistic Yoga Competition Above 17 Years (Senior Men) Age as on or before 31.12.1999 or before	1.			
	2.			
	3.			
	4.			
Artistic Yoga Competition Above 17 Years (Senior Women) Age as on or before 31.12.1999 or before	1.			
	2.			
	3.			
	4.			
Artistic Pair Yoga Competition 8 to 17 years (Junior) Age As on or in between 1.1.2000 to 31.12.2008	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Artistic Pair Yoga Competition Above 17 years (Senior) Age as on or before 31.12.1999 or before	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Rhythmic Yoga Competition 8 to 17 years (Junior) Age As on or in between 1.1.2000 to 31.12.2008	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			

EVENT Age Group	Sr. No.	Name of Competitor (In Capital Letters)	Date of Birth	Signature of Competitor
Rhythmic Yoga Competition Above 17 years (Senior) Age as on or before 31.12.1999 or before	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
	1.			
	2.			
Free Flow Yoga Dance Competition Open Age Group	1.			
	2.			
	3.			
	4.			
	5.			
Professional Yogasana Competition (Yoga teacher only) Male Open Age Group	1.			
	2.			
	3			
	4			
	5.			
Professional Yogasana Competition (Yoga teacher only) Female Open Age Group	1.			
	2.			
	3			
	4			
	5.			

**NAME OF THE CANDIDATES APPEARING FOR INTERNATIONAL YOGA REFEREE DIPLOMA EXAMINATION /
INTERNATIONAL YOGA TEACHER DIPLOMA EXAMINATION**

Sr. No.	Name of the Candidate	Email ID

INTERNATIONAL/NATIONAL YOGA REFEREES OF THE COUNTRY ATTENDING THE CHAMPIONSHIP

Sr. No.	Name of the Referee	Registration Number (If any)

OFFICIALS ATTENDING THE CHAMPIONSHIP

Sr. No.	Name of the Officials	Capacity

(TO BE FILLED BY OFFICE)

Annual Affiliation Fee	=	\$ 250.00
Entry Fee for Yogasana / Artistic / Artistic Pair/Rhythmic/ Free Flow dance/Professional Yogasana Competition - \$ 25 x	=	
International Yoga Diploma Examination Fee - \$ 250	=	
International Yoga Referee Examination Fee - \$ 100	=	
Total	=	

**Signature of the Secretary, National Yoga Federation/
Manager, National Yoga Team**

**Secretary General
Asian Yoga Federation**

- NOTE:**
- 1. Entry Performa should be filled in capital letters.**
 - 2. Please enclose the Date of Birth Certificates of the Competitors.**
 - 3. Each competitor should have Eight latest colored photographs of size 2.5 x 3 cm with them.**