



ASIAN YOGA FEDERATION

(Regd. Under the Societies Registration Act XXI of 1860, Registration No.-4755 Dated 25.04.2018)

AFFILIATED MEMBER

INTERNATIONAL YOGA SPORTS FEDERATION & INTERNATIONAL YOGA FEDERATION

OFFICE : FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA), India

E-mail:- yfiashok2000@yahoo.co.in, Mobile No. **+91-94174-14741** Website:- www.asianyogafederation.com

President
ASHOK KUMAR AGGARWAL
Mobile:- +91-94174-14741
yfiashok2000@yahoo.co.in

Director Competition/Working President
INDU AGGARWAL
Mobile:-+91-94174-66398
yfiashok2000@yahoo.co.in

Organising Secretary
RAMAN KUMAR
Mobile:-+91-94173-62848
ramanyogi77@gmail.com

Secretary General
Prof. PRABIR KARMAKAR
Mobile:- +85269794295
prabir156@yahoo.com

Ref. No- AYF/1330-60

Dated : 18.12.2018

The President/Secretaries,
National Yoga Federations
Affiliated with Asian Yoga Federation

Sub: Minutes of the Annual General Meeting of Asian Yoga Federation held on 26th September, 2018 at Gram Panchayat Office Hall, Thiruvananthapuram, Kerala (India).

The Annual General Meeting of Asian Yoga Federation was held on 26th September, 2018 at Gram Panchayat Office Hall, Thiruvananthapuram, Kerala (India) at the occasion of 8th Asian Yoga Sports Championship under the Chairmanship of Sh. Ashok Kumar Aggarwal, President, Asian Yoga Federation.

Following were present in the meeting:

Sr. No.	Name	Country
1	Mr. Ashok Kumar Aggarwal, President, Asian Yoga Federation	India
2	Mrs. Indu Aggarwal, Working President & Director Competition, Asian Yoga Federation	India
3	Dr. Ds. Lingham Pillai, President, Malaysia Yoga Sports Association & Senior Vice President, Asian Yoga Federation	Malaysia
4	Prof. Prabir Karmakar, Secretary General , Yoga Federation of Hong Kong & Asian Yoga Federation	Hong Kong
5	Mr. Kumareswaran Superamaniam President, Yoga Sports Association, Singapore	Singapore
6	Mr. N. Robindro Singh, President, Yoga Federation of U.A.E.	U.A.E (Dubai)
7	Mr. N. Bhama Robindro Singh, Secretary General, Yoga Federation of U.A.E.	U.A.E (Dubai)
8	Mrs. Bhagya Pultalingappa	U.A.E (Dubai)
9	Mrs. Nguyen Thi Nga, Chairperson, Viet An International Sports, JSC, Secretary, Asian Yoga Federation for Vietnam	Vietnam
10	Mr. Gurdev Singh, Managing Director, Viet An International Sports, JSC, Vice President, Asian Yoga Federation	Vietnam
11	Mr. Dang Thi Hong Nhung, Vietnam	Vietnam

12	Ms. Trinh Thi Nagon Phuong	Vietnam
13	Mr. Mohammad Reza Hosseini	Iran
14	Ms. Ziba Shasavand, Asian Yoga Referee	Iran
15	Ms. Shahrzad Noorani	Iran
16	Ms. Nauf Al Marwaai, President, Arab Yoga Foundation	Saudi Arabia
17	Dr. Subash Chawla, Patron, Yoga Confederation, Sri Lanka	Sri Lanka
18	Seung-Hwan Lee, President, Korea Yoga Federation	South Korea
19	Jihee Kim (Judy), Secretary, Korea Yoga Federation	South Korea
20	Ms. Rupali Patil	Thailand
21	Ms. Pallavi Kauhne	Thailand
22	Mr. Sanjay Jha, Secretary General, Yoga Federation of India & Executive Member, Asian Yoga Federation	India
23	Mr. Navin Acharya, Sr. Vice President, Yoga Federation of India & Technical Member, Asian Yoga Federation	India
24	Mr. Raman Kumar Organising Secretary, AYF	India
25	Mr. Yash Parashar, Treasurer, Asian Yoga Federation	India
26	Mr. O.P. Malick, Treasurer, Yoga Federation of India	India
27	Adv. B. Balachandran, President, Yoga Association of Kerala & Vice President, Yoga Federation of India	India
28	Dr. Anita Satish Patil, Asian Yoga Referee	India
29	Mrs. Baishali Karmakar, Asian Yoga Referee	India

After the brief introduction of the members present in the meeting, Adv. B. Balachandran, President, Yoga Association of Kerala, host of the 8th Asian Yoga Sports Championship extended warm welcome to the Presidents, Secretaries, Office Bearers, Asian Yoga Federation and other members representing different Asian countries present in the meeting and informed the house that the 8th Asian Yoga Sports Championship will be inaugurated by **Shri Pinarayi Vijayan, Hon'ble Chief Minister of Kerala** on 27th September, 2018 at 11:00 AM and **Shri Justice (Retd) P.Sathasivam, the Hon'ble Governor of Kerala** will be the Chief Guest of the Prize Distribution Ceremony on 30th September, 2018 at 4:00 PM. The house applauded the efforts made by President and members of Yoga Association of Kerala for making such an elaborate arrangement for making 8th Asian Yoga Sports Championship a grand success.

Before the meeting came into order, Sh. Ashok Kumar Aggarwal, President, Asian Yoga Federation extended a hearty welcome to the members present in the meeting and expressed his sincere thanks to the representative from Hong Kong, Malaysia, Singapore, Thailand, Iran, U.A.E. (Dubai), Vietnam, Sri Lanka, Saudi Arabia, South Korea and India for coming all the way from far-away places to participate in the 8th Asian Yoga Sports Championship at Thiruvananthapuram, Kerala (India). He also expressed his heartfelt thanks to Shri Pinarayi Vijayan, Hon'ble Chief Minister of Kerala, Adv. B. Balachandran, President, Yoga Association of Kerala, Shri P. Sasidharan Nair, Joint Secretary, Yoga Federation of India and their dedicated team for making splendid arrangement for the successful organization of 8th Asian Yoga Sports Championship at Thiruvananthapuram, Kerala (India).

The meeting came into order as per agenda of the meeting.

i. Confirmation of the minutes of the previous Annual General Meeting of Asian Yoga Federation held on 27th July, 2017 at Kallang Community Club, Singapore.

The minutes of Annual General Meeting of Asian Yoga Federation held on 27th July, 2017 at Kallang Community Club, Singapore were considered. Prof. Prabir Karmakar, Secretary General, Hong Kong Yoga Association proposed and Shri Kumareswaran Superamaniem, President, Yoga Sports Association, Singapore seconded and the house unanimously confirmed the minutes of the Annual General Meeting of Asian Yoga Federation held on 27th July, 2017 at Kallang Community Club, Singapore.

ii. Annual report of Asian Yoga Federation for the session 2017-18.

a. It was informed by the President, Asian Yoga Federation that the Asian Yoga Federation has been registered under **Societies Registration Act, 1860 at Chandigarh, India** with the registration number 4755 dated 25.04.2018. The house appreciated the efforts made by President, Asian Yoga Federation in this regard.

Further the President, Asian Yoga Federation informed that the 7th Asian Yoga Sports Championship was very successfully organized by Yoga Association, Singapore under the auspices of Asian Yoga Federation from 28th to 30th July, 2017 at Kallang Community Club, Singapore. Yoga teams from Vietnam, Philippines, India, Hong Kong, Malaysia, Taiwan, Sri Lanka, Thailand, Iran, Dubai, South Korea and host Singapore have participated in the 7th Asian Yoga Sports Championship at Singapore. Indian team won the Overall General Championship Trophy, whereas Vietnam team won the 1st Runner's up Championship Trophy and Malaysian team won the 2nd Runner's Championship Trophy of the 7th Asian Yoga Sports Championship.

The house applauded the efforts made by Mr. Kumareswaran Superamaniem, President, Yoga Sports Singapore and his dedicated team for making splendid arrangement for the successful organization of 7th Asian Yoga Sports Championship at Singapore.

iii. Allotment of 9th Asian Yoga Sports Championship.

It was informed by President, Asian Yoga Federation that some member of the Federation suggested that as per trends adopted by the different International Federations the Asian Yoga Sports Championship may be organized once in two years. After brief discussion proposal was adopted by the house.

Dr. Ds. Lingham Pillai, President, Malaysia Yoga Sports Association offered to host the 9th Asian Yoga Sports Championship in the year 2020 at Kuala Lumpur, Malaysia. The house unanimously accepted the proposal and the 9th Asian Yoga Sports Championship was allotted to Malaysia Yoga Sports Association.

iv. Any other point to be discussed with the permission of chair.

- i. The President, Asian Yoga Federation suggested that keeping in view the capacity to contribute for the promotion and propagation of Yoga in the Asian countries by organizing 8th Asian Yoga Sports Championship at Kerala, India, Adv. B. Balachandran may be associated as Joint Secretary in the Asian Yoga Federation. The house cheerfully accepted the proposal.
- ii. Further he informed that Padmashri Nouf Al Marwaai, President, Arab Yoga Foundation has approached the Asian Yoga Federation for affiliation of Arab Yoga Foundation with Asian Yoga Federation and assured to bring Yoga team from Saudi Arabia in the future Asian Yoga Sports Championships. The house accepted the proposal and granted the provisional affiliation to Arab Yoga Foundation.
- iii. The President, Asian Yoga Federation informed the house that keeping in view the contribution of the prominent personalities in the field of Yoga Sports in Asian countries, the Asian Yoga Federation has initiated to honor them with '**Yog Ratna Award**' and '**Award of Appreciation**'.

In this series following Yoga Personalities will be honored with **Yog Ratna Award** and **Award of Appreciation** at the inauguration ceremony of 8th Asian Yoga Sports Championship on 27th September, 2018 at Kerala, India. The house appreciated the initiative taken by the President, Asian Yoga Federation.

Yog Ratna Award

S. No	Name	Designation	Country
1	Padma Shri Yogacharini Nouf Al Marwaai	President, Arab Yoga Foundation, Saudi Arabia	Saudi Arabia
2	Mahaguru Yogacharya YogiRaj Dr. Ds. Lingham Pillai	Sr. Vice-President, Asian Yoga Federation, President, Malaysian Yoga Sports Association	Malaysia
3	Mr. Seung-Hwan Lee (Leo)	Sr. Vice-President, Asian Yoga Federation, President, Korean Yoga Federation	South Korea
4	Mr. Suresh Kamal Srinivas	Vice President, Asian Yoga Federation, Founder/Director, Kri Yoga Asia Co. Ltd	Thailand
5	Prof. Prabir Karmakar	Secretary General, Asian Yoga Federation, Secretary General, Yoga Federation of Hongkong	Hongkong
6	Mr. Kumareswaran Superamaniam	Joint Secretary, Asian Yoga Federation, President, Yoga Sports Association, Singapore	Singapore
7	Mrs. Nguyen Thi Nga	Joint Secretary, Asian Yoga Federation, Vice President, Vietnam Yoga Federation	Vietnam
8	Mrs. Indu Aggarwal	Working President & Director Competition, Asian Yoga Federation, Sr. Vice-President, Yoga Federation of India	India
9	Adv.B.Balachandran	Vice President, Yoga Federation of India, President, Yoga Association of Kerala	India

Award of Appreciation

S. No	Name	Designation	Country
1	Mr. Gurdev Singh Karan	Vice-President, Asian Yoga Federation, CEO, Viet An International Sports Joint Stock Company	Vietnam
2	Mrs. N. Bhama Robindro Singh	Executive Member, Asian Yoga Federation, Secretary, Yoga Federation of Dubai (UAE)	Dubai (UAE)
3	Ms. Ziba Shasavand	Executive Member, Asian Yoga Federation, Member, Yoga Federation of Iran	Iran
4	Dr. Subash Chawla	Technical Member, Asian Yoga Federation, Patron, Amateur Yoga Association, Sri Lanka	Sri Lanka
5	Mr. Suman Dutta	Technical Member, Asian Yoga Federation, Yoga Master, Thailand	Thailand
6	Smt. Bhagya Puttalingappa	Yoga HOD, Ambassador School, Dubai (UAE)	Dubai (UAE)
7	Mr. Navin Acharya	Technical Member, Asian Yoga Federation, Sr. Vice President, Yoga Federation of India	India
8	Mr. J Manohar Kumar	Joint Secretary, Yoga Federation of India, Secretary General, Telangana Yoga Association	India

As there was no other business to transact, the meeting came into end with a vote of thanks to the chair.



(Ashok Kumar Aggarwal)

President,

Asian Yoga Federation

#501,GHS-93, Sector-20, Panchkula-134116 (India)

Mobile +91-94174-14741

e-mail: yfiashok2000@yahoo.co.in

website: www.asianyogafederation.com