



ASIAN YOGA FEDERATION

(Regd. Under the Societies Registration Act XXI of 1860, Registration No.-4755 Dated 25.04.2018)

AFFILIATED MEMBER

INTERNATIONAL YOGA SPORTS FEDERATION & INTERNATIONAL YOGA FEDERATION

OFFICE : FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA), India

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Ref. No- AYF/1494-1543

Dated : 17.09.2019

The Presidents/Secretaries,
National Yoga Federations
Affiliated with Asian Yoga Federation

Sub: Minutes of the Annual General Meeting of Asian Yoga Federation held on 5th September, 2019 at 05:30 P.M. at Yeosu Expo Convention Center, Yeosu (South Korea).

The Annual General Meeting of Asian Yoga Federation was held on 5th September, 2019 at 05:30 P.M. at Yeosu Expo Convention Center, Yeosu (South Korea) at the occasion of 9th Asian Yoga Sports Championship under the Chairmanship of Sh. Ashok Kumar Aggarwal, President, Asian Yoga Federation.

Following were present in the meeting:

Sr. No.	Name	Country
1	Mr. Ashok Kumar Aggarwal, President, Asian Yoga Federation	India
2	Mrs. Indu Aggarwal, Working President & Director Competition, Asian Yoga Federation	India
3	Dr. Ds. Lingham Pillai, President, Malaysia Yoga Sports Association & Senior Vice President, Asian Yoga Federation	Malaysia
4	Prof. Prabir Karmakar, Secretary General , Yoga Federation of Hong Kong & Asian Yoga Federation	Hong Kong
5	Mr. Kumareswaran Superamaniam President, Yoga Sports Association, Singapore	Singapore
6	Seung-Hwan Lee, President, Korea Yoga Federation & Senior Vice President, Asian Yoga Federation	South Korea
7	Jihee Kim (Judy), Secretary, Korea Yoga Federation	South Korea
8	Mrs. Nguyen Thi Nga, Chairperson, Viet An International Sports, JSC, Secretary, Asian Yoga Federation for Vietnam	Vietnam
9	Mr. Gurdev Singh, Managing Director, Viet An International Sports, JSC, Vice President, Asian Yoga Federation	Vietnam
10	Nguyen Thi Khanh Van	Vietnam
11	Truong Chi Cuong	Vietnam

12	Nguyen Thien Tin	Vietnam
13	Ms. Ziba Shasavand, Executive Member, Asian Yoga Federation & Asian Yoga Referee	Iran
14	Mr. Shiva Noorbakhsh	Iran
15	Dr. Anita Satish Patil, Asian Yoga Referee	India
16	Dr. Sher Singh, Asian Yoga Referee	India
17	Sh. Chanderkant S Pangare, Asian Yoga Referee	India
18	Dr. Abhinav Joshi, Asian Yoga Referee	India
19	Dr. Surendra Kumar Sharma, Asian Yoga Referee	India
20	Sh. Sanjeeva Kumar S.H., Asian Yoga Referee	India
21	Sh. Panchalingappa J. Kavalur, Asian Yoga Referee	India
22	Smt. T. Kalyani, Asian Yoga Referee	India

After the brief introduction of the members present in the meeting, Leo, Lee (Seung-Hwan Lee), President, Korea Yoga Federation, host of the 9th Asian Yoga Sports Championship extended warm welcome to the Presidents, Secretaries, Office Bearers, Asian Yoga Federation and Presidents, Secretaries, Asian Yoga Referees and other members representing different Asian countries present in the meeting.

Before the meeting came into order, Sh. Ashok Kumar Aggarwal, President, Asian Yoga Federation extended a hearty welcome to the members present in the meeting and expressed his sincere thanks to the representative from Hong Kong, Malaysia, Singapore, Iran, Vietnam, India, Mongolia and South Korea for coming all the way from far-away places to participate in the 9th Asian Yoga Sports Championship at Yeosu, South Korea. He also expressed his heartfelt thanks to Mr. Leo, Lee (Seung-Hwan Lee), President, Korean Yoga Federation, Ms. Judy Kim (Jihee Kim), Secretary, Korean Yoga Federation and their dedicated team for making splendid arrangement for the successful organization of 9th Asian Yoga Sports Championship at Yeosu, South Korea. The house applauded the efforts made by President, Secretary and members of Korean Yoga Federation for making such an elaborate arrangement for 9th Asian Yoga Sports Championship at Yeosu, South Korea.

The meeting came into order as per agenda of the meeting.

i. Confirmation of the minutes of the previous Annual General Meeting of Asian Yoga Federation held on 26th September, 2018 at Gram Panchayat Office Hall, Thiruvananthapuram, Kerala (India):

The minutes of Annual General Meeting of Asian Yoga Federation held on 26th September, 2018 at Gram Panchayat Office Hall, Thiruvananthapuram, Kerala (India) were considered. The house unanimously confirmed the minutes of the Annual General Meeting of Asian Yoga Federation held on 26th September, 2018 at Gram Panchayat Office Hall, Thiruvananthapuram, Kerala (India).

ii. Annual report of Asian Yoga Federation for the session 2018-19:

Further the President, Asian Yoga Federation informed the house that the 8th Asian Yoga Sports Championship was very successfully organized by Yoga Federation of India hosted by Yoga Association of Kerala under the auspices of Asian Yoga Federation from 27th to 30th

September at Jimmy George indoor Stadium, Thiruvananthapuram, Kerala (India) in which Yoga teams from Vietnam, Singapore, Hong Kong, Malaysia, Sri Lanka, Thailand, Iran, UAE (Dubai), South Korea, Saudi Arabia and host India have participated. Indian team won the Overall General Championship Trophy, whereas Vietnam team won the 1st Runner's up Championship Trophy and Malaysian Yoga team & U.A.E. (Dubai) jointly won the 2nd Runner's up Championship Trophy of the 8th Asian Yoga Sports Championship at Kerala (India).

The house applauded the efforts made by Yoga Federation of India & Yoga Association of Kerala specially Adv. B Balachandran, President, Yoga Association of Kerala and their dedicated team for making splendid arrangement for the successful organization of 8th Asian Yoga Sports Championship at Thiruvananthapuram, Kerala (India).

The house also extended special thanks to **Shri Justice (Retd) P.Sathasivam, the Hon'ble Governor of Kerala and Shri Pinarayi Vijayan, Hon'ble Chief Minister of Kerala** for their whole hearted contribution for the success of 8th Asian Yoga Sports Championship.

iii. Allotment of 10th Asian Yoga Sports Championship:

Although it was decided in the Annual General Meeting of Asian Yoga Federation held at Kerala that in future the Asian Yoga Sport Championship will be conducted after a gap of one year, yet the decision could not be fructified due to many reasons and ultimately it was decided to conduct Asian Yoga Sports Championship every year as per previous practice. Hence, the 9th Asian Yoga Sports Championship was shouldered by Korean Yoga Federation on the request of President, Asian Yoga Federation, which was hosted very successfully from 5th to 8th September, 2019 at Yeosu Expo Convention Center, Yeosu (South Korea) by the Korean Yoga Federation.

Regarding allotment of 10th Asian Yoga Sports Championship, already Dr. Ds. Lingham Pillai, President, Malaysia Yoga Sports Association had offered to host the 10th Asian Yoga Sports Championship in the year 2020 in Malaysia to celebrate '**Visit Malaysia 2020**'. The house cheerfully accepted the proposal and allotted the 10th Asian Yoga Sports Championship to Malaysian Yoga Sports Association. It was also proposed by Dr. Ds. Lingham Pillai, President, Malaysian Yoga Sports Association to organize the 10th Asian Yoga Sports Championship from 10th to 13th October, 2020. The exact venue of the championship will be intimated later on by the host.

iv. Any other point to be discussed with the permission of chair:

The President, Asian Yoga Federation suggested that the National Yoga Federations must conduct the National Yoga Sports Championship of their respective countries and select the National Yoga team of their country for participation in the Asian Yoga Sports Championship. He appreciated the efforts of Mr. Kumareswaran, President, Yoga Sports Singapore for successfully conducting National Yoga Sports Championship of Singapore in the month of July, 2019 witnessed by President, Asian Yoga Federation.

As there was no other business to transact, the meeting came into end with a vote of thanks to the chair.



(Ashok Kumar Aggarwal)

President,

Asian Yoga Federation

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SOME PROPOSALS FOR FUTURE ASIAN YOGA SPORTS CHAMPIONSHIP.

1. The age groups for future Asian Yoga Sports Championship are proposed as below:

(i)	SUB JUNIOR GROUP (A)	-	08-11 Years	(Boys and Girls)
(ii)	SUB JUNIOR GROUP (B)	-	11-14 Years	(Boys and Girls)
(iii)	JUNIOR GROUP (A)	-	14-16 Years	(Boys and Girls)
(iv)	JUNIOR GROUP (B)	-	16-18 Years	(Boys and Girls)
(v)	SENIOR GROUP (A)	-	18-21 Years	(Men & Women)
(vi)	SENIOR GROUP (B)	-	21-25 Years	(Men & Women)
(vii)	SENIOR GROUP (C)	-	25-30 Years	(Men & Women)
(viii)	SENIOR GROUP (D)	-	30-35 Years	(Men & Women)
(ix)	SENIOR GROUP (E)	-	35-45 Years	(Men & Women)
(x)	SENIOR GROUP (F)	-	above 45 Years	(Men & Women)

2. The age groups for future Asian Artistic Yoga (Solo), Artistic Pair Yoga, Rhythmic Yoga Sports Championship are proposed as below:

Junior Group – 8 to 18 years (Boys & Girls)

Senior Group – above 18 years (Men & Women)

3. The Free Flow Yoga Dance:

The Free Flow Yoga Dance will be in one open age group as previously practiced.

The Presidents and Secretaries, National Yoga Federation are requested to give their kind consent for the above proposals in writing to the undersigned, so that the necessary changes can be made in the age groups.



(Ashok Kumar Aggarwal)

President,

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