



# 1st Asian Yoga Championship

## January 22 to 23, 2011 at Pattaya (Thailand)



### 8 - 12 Years Girls Group (YOGASANA)

1st	Anusha Karmakar	India
2nd	Shravani Vishwas Kukarni	India
3rd	Mahitha Ganesan	Malaysia
4th	Fatemeh Tarkhani	Iran
5th	Manaya Sood	Thailand
6th	Muskan Sharma	Macau

### 8 - 12 Years Boys Group (YOGASANA)

1st	Atabak Sheikhlarabadi	Iran
2nd	Jaya Kumar	Malaysia
3rd	Narvinder Kumar	Malaysia
4th	Piravin Kumar	Malaysia
5th	Sawit Yogesh Dutta	Macau

### 12 - 17 Years Girls Group (YOGASANA)

1st	Ruchika	India
2nd	Yung Hei Tung	Hongkong
3rd	Komal, Kiran	India
4th	Rishu	India
5th	Niharika Premkumar	India
6th	Swarna	Malaysia
	Manayata Kapoor	Macau

### 12 - 17 Years Boys Group (YOGASANA)

1st	Nhehern Naveen Acharya	India
2nd	Ankur	India
3rd	Vishal Veerasamy Ravindran	India
4th	Arwind Raaj	Malaysia
5th	Kumaran Ganesegagan	Malaysia
6th	Parwind Raaj	Malaysia

### 17 - 35 Years Women Group (YOGASANA)

1st	Kirti Gahlawat	India
2nd	Neelam Kumari	India
	Jyoti	Russia
3rd	Shuk Pik Yu	Hongkong
4th	Sachin Rani	India
5th	Lai Greta Ming Hang	Hongkong
6th	sin Bo Zhen	Hongkong

### 17 - 35 Years Men Group (YOGASANA)

1st	Ashish Gahlawat	India
2nd	Yogaraj C.P.	Hongkong
3rd	Bharat Kumar	India
4th	Baljinder Singh	Thailand
5th	Soumit biswas	India
6th	Karthik Krishna	India

### Women 35 Years and above (YOGASANA)

1st	Alka Vilas Jadhav	India
2nd	Sim Sze Fui	Malaysia
3rd	Lee San San	Hongkong
4th	Periama Sivaperumal	Malaysia
5th	Doan Thi Thanh Huong	Vietnam
6th	Chow Man Yi	Hongkong

### Men 35 Years and above (YOGASANA)

1st	Jora Singh	India
2nd	Jasbir Singh	India
3rd	Umar Binavuni	Malaysia
4th	N. Rajesvaran	Malaysia
5th	Balachanthar	Malaysia
6th	Chung Shing Fung	Hongkong

### 8-17 Years Artistic Single (Junior)

1st	Yung Hei Tung	Hongking
2nd	Anushka Karmakar	India
	Kiran Rajeshwar Hendre	India
3rd	Nhehern Naveen Acharya	India
4th	Fatemeh Tarkhan	Iran
5th	Shravani Vishwas Kulkarni	India
6th	Vishal Veerasamy Ravindran	India

### 17-35 Years Artistic Single (Senior)

1st	Yogaraj C.P.	Hongkong
	Baljinder Singh	Thailand
2nd	Kirti Gahlawat	India
	Wang Han	China
3rd	Pravesh Kumar	India
	Karthik Krishna	India
4th	Sin bo Zhen	Hongkong
	Yu Shuk Pik	Hongkong
5th	Le Wen cin	China
6th	Fumeng Qian	China
	Bharat Kumar	India

### 8-17 Years Artistic Yoga Pair (Junior)

1st	Rishu	India
	Anushka Karmakar	India
2nd	Niharika Premkumar	India
	Komal	India
3rd	Ruchika	India
	Ankur	India

### 17-35 Years Artistic Yoga Pair (Senior)

1st	Yogaraj C.P.	Hongkong
	Sin bo Zhen	Hongkong
2nd	Pravesh Kumar	India
	Arun Mazumdar	India
3rd	Avinash Saini	Vietnam
	Phan Thi Thanh Hoa	Vietnam
4th	Narinder	Thailand
	Baljinder	Thailand
4th	Kirti Gahlawat	India
	Ashish Gahlawat	India
5th	Karthik Krishna	India
	Jagdeesh H.N.	India
6th	Mohammad Rezahussaeini	Iran
	Mahdi Khushi	Iran

### 8-17 Years Rhythmic Yoga Pair (Junior)

1st	Rishu	India
	Anushka Karmakar	India
2nd	Nhehern Naveen Acharya	India
	Ankur	India
3rd	Kiraan Rajeswar Hendre	India
	Shravani Vishwas Kulkarni	India

### 17-35 Years Rhythmic Yoga Pair (Senior)

1st	Narinder	Thailand
	Baljinder	Thailand
2nd	Karthik Krishna	India
	Basavaraj T. Konnur	India
3rd	Yogaraj C.P.	Hongkong
	Sin Bo Zhen	Hongkong
4th	Mahalet Chumy	Malaysia
	Rathi Devi Muttu	Malaysia
4th	Neelam Kumari	India
	Sachin Rani	India
5th	Bharat Kumar	India
	Ashish Gahlawat	India
6th	Mohammad Rezahussaeini	Iran
	Mahdi Khushi	Iran

**OVERALL GENERAL CHAMPIONSHIP -- WINNER: INDIA    RUNNER'S UP: HONGKONG    2nd RUNNER'S UP: MALAYSIA**