



6th Asian Yoga Sports Championship, September 3 to 5, 2016 at Hanoi (Vietnam)



8 - 11 Years Male Sub Junior Group A (YOGASANA)		
1st	SRIKANTH LAL A/L ARUMUGAM	MALAYSIA
2nd	SIVA ANANDA KANDAN	MALAYSIA
3rd	MAHINDRA A/L CHANCIVEE	MALAYSIA
4th	YUGINDRAA A/L CHANCIVEE	MALAYSIA

8 - 11 Years Female Sub Junior Group A (YOGASANA)		
1st	KHUSHI GUPTA	INDIA
2nd	HARINI VIJAYAKUMAR	MALAYSIA
3rd	KIRTI A/P GANABATHY	MALAYSIA
	RAVITRASRE A/P NADARAJAN	MALAYSIA
4th	KRITHIKA SORNAM RAMANATHAN	MALAYSIA
5th	MITTHIRAA A/P RAVIVARMAN	MALAYSIA
6th	HARNEE BHARTHIBAN	MALAYSIA

11 - 14 Years Male Sub Junior Group B (YOGASANA)		
1st	JAI S. PRABHU	INDIA

11 - 14 Years Female Sub Junior Group B (YOGASANA)		
1st	ANUSHKA KARMAKAR	INDIA
2nd	KUSHI H.	INDIA
3rd	NEHA D.R.	INDIA

14 - 17 Years Male Junior Group (YOGASANA)		
1st	SAMARJEET TEOTIA	INDIA

14 - 17 Years Female Junior Group (YOGASANA)		
1st	JOSHNAVI YEKAMBARAM	INDIA
2nd	KIRTI INSAN	INDIA
3rd	SWAPNIL INSAN	INDIA

17 - 21 Years Male Senior Group A (YOGASANA)		
1st	KULJEET SINGH	INDIA
2nd	ARPAN PAUL	INDIA
3rd	VIKAS KASHYAP	INDIA
4th	SAYYAD MARUF IJAJAHMED	INDIA

17 - 21 Years Female Senior Group A (YOGASANA)		
1st	ANUSHA KARMAKAR	INDIA
2nd	PANCHEE BORAH	INDIA
	RAKSHA MILIND GORTE	INDIA
3rd	WARITSARA THEERAKULWIJAN	THAILAND
	NGUYEN THI HOA	VIETNAM
	SHRADDHA S. PATIL	PHILIPPINES
4th	KARAMDEEP	INDIA

21 - 25 Years Male Senior Group B (YOGASANA)		
1st	BUI MINH TAM	VIETNAM
2nd	ASHISH M. SARAPH	INDIA
3rd	PHAM MINH KHOA	VIETNAM

21 - 25 Years Female Senior Group B (YOGASANA)		
1st	PHAM THI THUY TIEN	VIETNAM
2nd	AMIT	INDIA
3rd	VO THI THU THANH	VIETNAM
	DHANASHRI SUDHIR LEKURWALE	INDIA
4th	PINKI GHOSH	INDIA
5th	TANG TIEU LINH	VIETNAM
6th	PHAN THI VAN	VIETNAM

25 - 35 Years Male Senior Group C (YOGASANA)		
1st	LIN HUNG LI	TAIWAN
2nd	PHAM VAN NGOC	VIETNAM

25 - 35 Years Female Senior Group C (YOGASANA)		
1st	AARTI PAL	INDIA
2nd	CHEUNG LAI WAN	HONG KONG
	SHRUTI SUNEEL PENDSE	INDIA
3rd	NGUYEN THI KHANH VAN	VIETNAM
	PINKI	INDIA
4th	NGUYEN THI HIEN	VIETNAM
5th	LE THI QUYNH ANH	VIETNAM
6th	NGUYEN THI YEN	VIETNAM

Above 35 Years Male Senior Group D (YOGASANA)		
1st	KRISHAN KUMAR	INDIA
2nd	PALLAB DASGUPTA	INDIA
3rd	NGUYEN HOANG LONG	VIETNAM
	D.N. RUDRASWAMY	INDIA
4th	NGUYEN TRONG CUONG	VIETNAM
5th	NGUYEN NGOC ANH	VIETNAM
6th	NGO HUU HAI	VIETNAM

Above 35 Years Female Senior Group D (YOGASANA)		
1st	NEELAM KUMARI INSAN	INDIA
2nd	BUI THIEU VAN NGA	VIETNAM
3rd	NGUYEN THI NGA	VIETNAM
4th	DOAN THI NGOC CHAU	VIETNAM
5th	SUPARAWADEE KESAPRAKORN	THAILAND
6th	WONG WAI CHING DIONNE	HONG KONG
	PHAN DIEU LINH	VIETNAM

8-17 Years Male Junior Group (Artistic Single)		
1st	JAI S. PRABHU	INDIA
2nd	SAMARJEET TEOTIA	INDIA
3rd	YUGINDRAA A/L CHANCIVEE	MALAYSIA

8-17 Years Female Junior Group (Artistic Single)		
1st	ANUSHKA KARMAKAR	INDIA
	KUSHI H.	INDIA
2nd	JOSHNAVI YEKAMBARAM	INDIA
3rd	HARINI VIJAYAKUMAR	MALAYSIA
4th	KIRTI INSAN	INDIA
5th	SWAPNIL INSAN	INDIA
	NEHA D.R.	INDIA
6th	MITTHIRAA A/P RAVIVARMAN	MALAYSIA
	RAVITRASRE A/P NADARAJAN	MALAYSIA

Above 17 Years Male Senior Group (Artistic Single)		
1st	PRAVESH KUMAR	SINGAPORE
	ARPAN PAUL	INDIA
2nd	KULJEET SINGH	INDIA
3rd	D.N. RUDRASWAMY	INDIA
4th	PALLAB DASGUPTA	INDIA
5th	PHAM VAN NGOC	VIETNAM
6th	SAYYAD MARUF IJAJAHMED	INDIA

Above 17 Years Female Senior Group (Artistic Single)		
1st	ANUSHA KARMAKAR	INDIA
2nd	PANCHEE BORAH	INDIA
	AARTI PAL	INDIA
3rd	PINKI GHOSH	INDIA
	DHANASHRI SUDHIR LEKURWALE	INDIA
4th	RAKSHA MILIND GORTE	INDIA
5th	PHAM THI THUY TIEN	VIETNAM
6th	KARAMDEEP	INDIA
	MA THANH LOAN	VIETNAM

8-17 Years Junior Group (Artistic Yoga Pair)		
1st	ANUSHKA KARMAKAR & JOSHNAVI YEKAMBARAM	INDIA
2nd	SWAPNIL INSAN & KIRTI INSAN	INDIA
	NEHA D.R. & KUSHI H.	INDIA
3rd	HARINI VIJAYAKUMAR & KRITHIKA SORNAM RAMANATHAN	MALAYSIA
4th	SAMARJEET TEOTIA & JAI S. PRABHU	INDIA

Above 17 Years Senior Group (Artistic Yoga Pair)		
1st	ANUSHA KARMAKAR & KARAMDEEP	INDIA
2nd	BUI MINH KHOA & NGUYEN THI YEN	VIETNAM
3rd	NGUYEN HOANG LONG & BUI MINH TAM	VIETNAM
	ARPAN PAUL & PINKI GHOSH	INDIA
4th	NGUYEN THI NGOC DIEM & NGUYEN THI THANH THUY	VIETNAM
5th	AARTI PAL & HRUTI SUNEEL PENDSE	INDIA
	DHANASHRI SUDHIR LEKURWALE & RAKSHA MILIND GORTE	INDIA
6th	NGUYEN THI HOA & PHAN THI VAN	VIETNAM

8-17 Years Junior Group (Rhythmic Yoga)		
1st	NEHA D.R. & KUSHI H.	INDIA
	JOSHNAVI YEKAMBARAM & ANUSHKA KARMAKAR	INDIA
2nd	KIRTI INSAN & SWAPNIL INSAN	INDIA
3rd	SAMARJEET TEOTIA & JAI S. PRABHU	INDIA

Above 17 Years Senior Group (Rhythmic Yoga)		
1st	KARAMDEEP & ANUSHA KARMAKAR	INDIA
2nd	DHANASHRI SUDHIR LEKURWALE & RAKSHA MILIND GORTE	INDIA
	NEELAM KUMARI INSAN & AARTI PAL	INDIA
3rd	ASHISH M. SARAPH & D.N. RUDRASWAMY	INDIA
4th	AMIT & PINKI	INDIA
5th	BUI THIEU VAN NGA & NGUYEN THI NGA	VIETNAM
6th	ARPAN PAUL & SAYYAD MARUF IJAJAHMED	INDIA

PROFESSIONAL YOGASANAS COMPETITION MALE (OPEN AGE GROUP)		
1st	CHANDRAKANT SHRIRANG PANGARE	INDIA
	SANDEEP BHAPKAR	REST OF ASIA
2nd	ARVIND KUMAR	REST OF ASIA
3rd	RAVI PRAKASH	REST OF ASIA
4th	VENKATARAM HEMANTH KUMAR	CHINA
5th	DR. M. NIRANJANA MURTHY	INDIA
6th	N. ROBINDRO SINGH	U.A.E.

PROFESSIONAL YOGASANAS COMPETITION FEMALE (OPEN AGE GROUP)		
1st	SITI HAMIDAH BINTI ABDUL AZIZ	MALAYSIA
2nd	N. BHAMA ROBINDRO SINGH	U.A.E.
3rd	MARJAN JILARDI DAMAVANDI	IRAN
4th	MOJGAN JILARDI DAMAVANDI	IRAN

FREE FLOW YOGA DANCE COMPETITION (OPEN AGE GROUP)		
1st	HARINI VIJAYAKUMAR HARNEE BHARTHIBAN KRITHIKA SORNAM RAMANATHAN MITTHIRAA A/P RAVIVARMAN RAVITRASRE A/P NADARAJAN	MALAYSIA
2nd	KARAMDEEP SWAPNIL INSAN KIRTI INSAN ANUSHA KARMAKAR NEHA D.R.	INDIA
3rd	NGUYEN THI LAN ANH BUI THIEU VAN NGA LE THI QUYNH ANH NGUYEN THI NGA AN KIM HUONG	VIETNAM

OVERALL GENERAL CHAMPIONSHIP -- WINNER: INDIA RUNNER'S UP: VIETNAM 2nd RUNNER'S UP: MALAYSIA